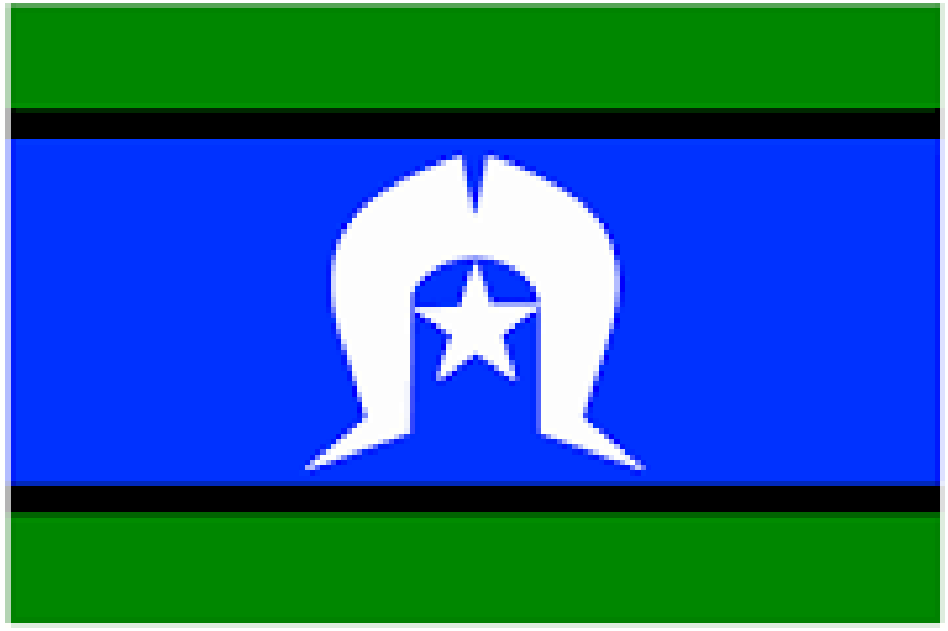
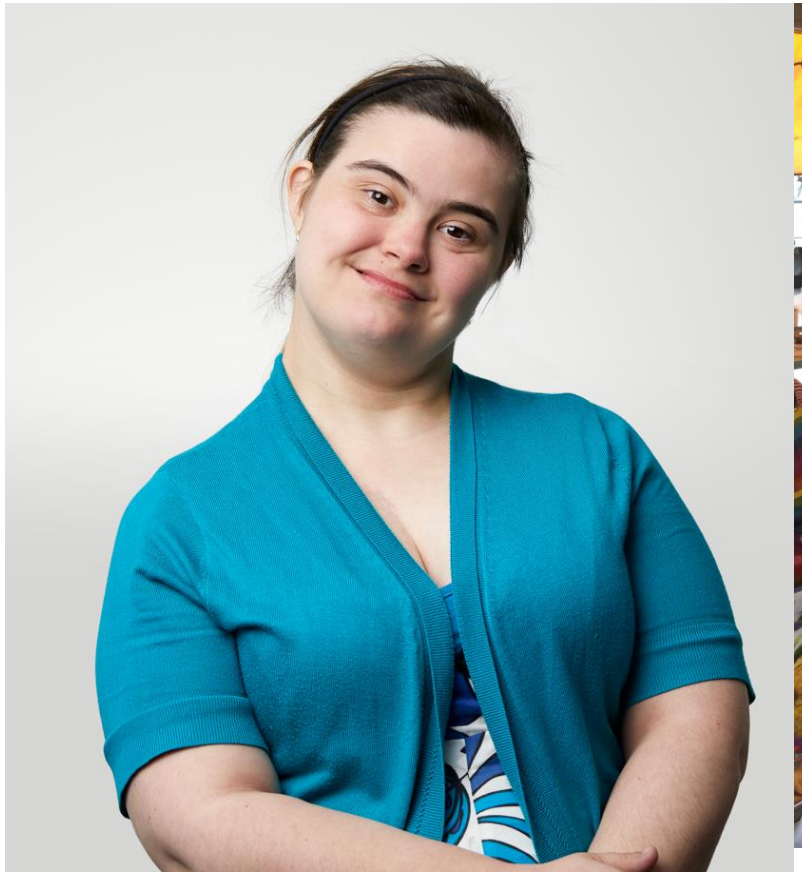
Ali's journey through work to advocacy

Down Syndrome Australia

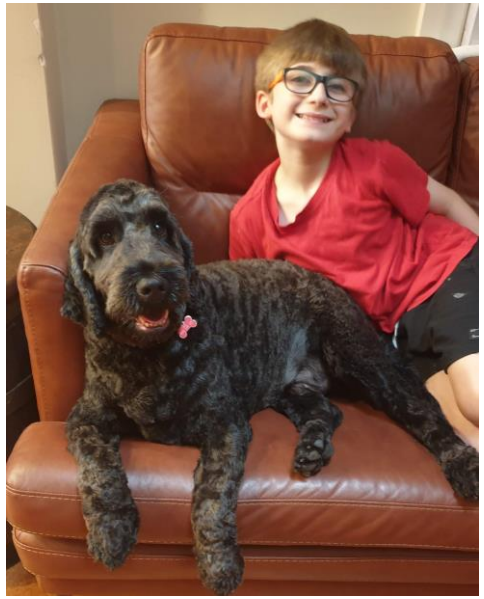
Acknowledgement of Country



Alishia Lindsay



Liz



Today we will tell you about

- My advocacy through work
- My path to becoming an advocate
- Supports to achieve this
- Why it matters

The Health Ambassador Program

10 Health Ambassadors

Across Australia

We train Health Workers

We tell them what is important:

- Respect
- Communication

We train health workers

Our stories

What they mean

We make and share resources

My work in advocacy

How I got here

Supports

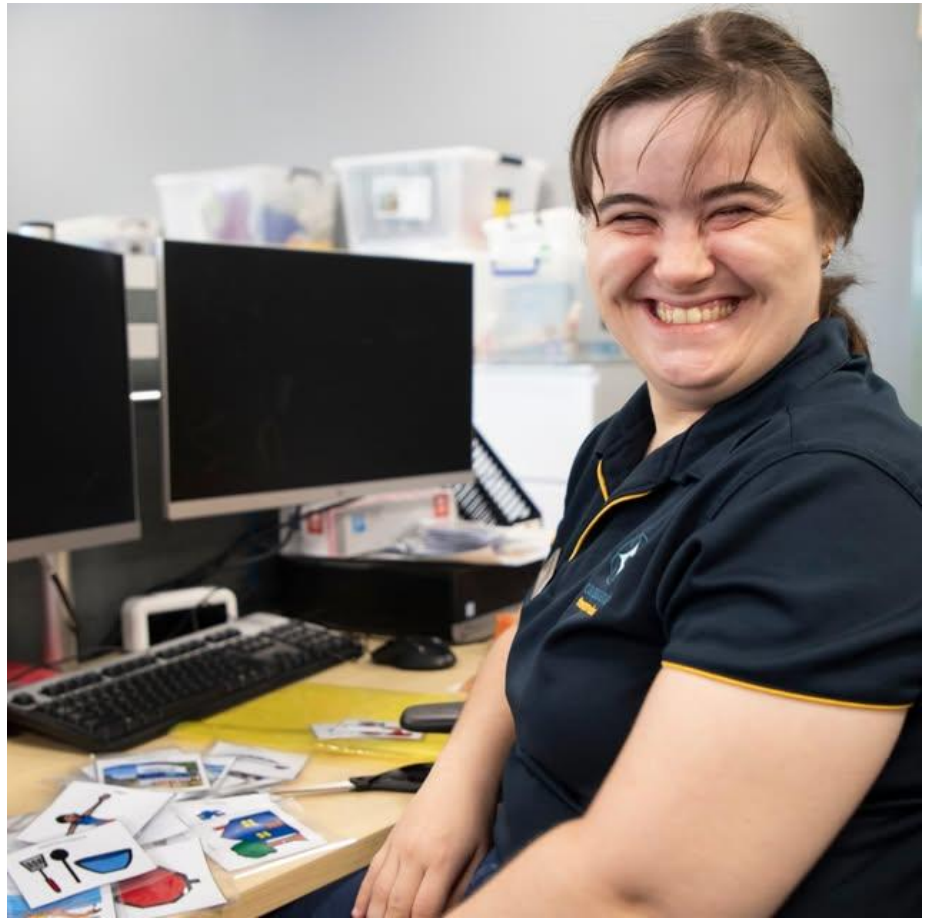
Supports at Work

Training

Check ins

Be flexible

What my work means to me



What my work means to others

Hearing from a person WITH Down syndrome

instead of someone talking about Down syndrome

Key points

- Speak up
- Set your own goals
- Don't give up

Questions ?

Say your name

Give us time

Thank you for listening

https://www.downsyndrome.org.au/

Down Syndrome Australia