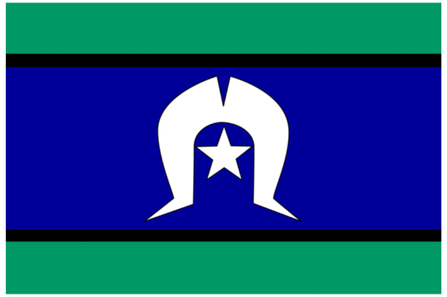
ASID conference

November 14, 2025

National Centre of Excellence in **Intellectual Disability Health**

Acknowledgement of Country



What we will talk about today

- Who we are
- The National Centre of Excellence in Intellectual Disability Health
- What the Learn and Lead Group is

What we will talk about today

- What we do in the Learn and Lead Group
- Highlights
- Achievements

What we will talk about today

- Our main message
- Your turn!
- Any questions

Who we are

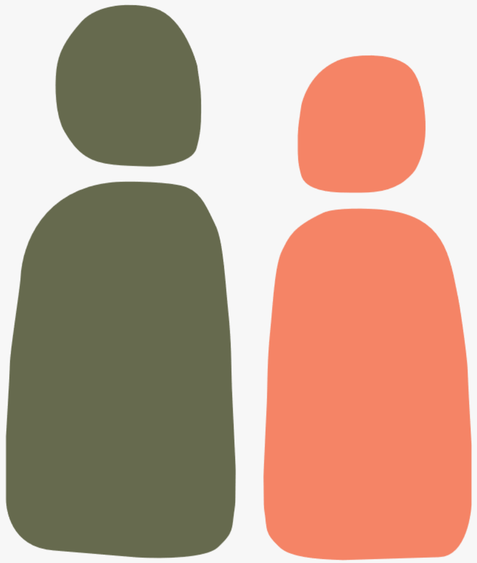
Drew

Who we are

Ana

Who we are

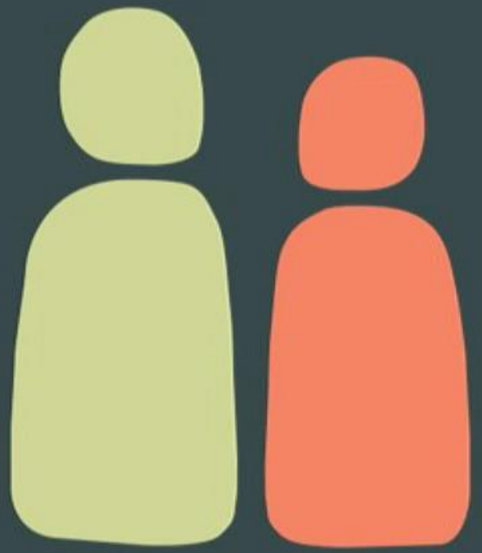
Alison



National Centre of Excellence in **Intellectual Disability Health**

National Centre
of Excellence in
**Intellectual
Disability Health**

We are proud to welcome you to the



National Centre of Excellence in **Intellectual Disability Health**

What the Learn and Lead Group is

- There are 10 of us in the group

- We are from all over Australia

Who we are

Sue

Greg

Tess

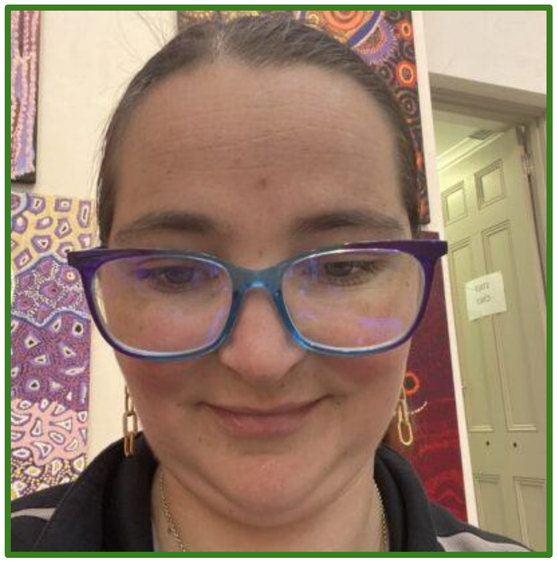
Who we are

Beck

Ally

Audrey

Who we are



Hayley

Mandy

What we do

- Meet online every 2 weeks

What we do

- Learn about leadership

- Learn about advocacy

- Give advice to the Centre

Our Values

- Kindness
- Respect
- Inclusion

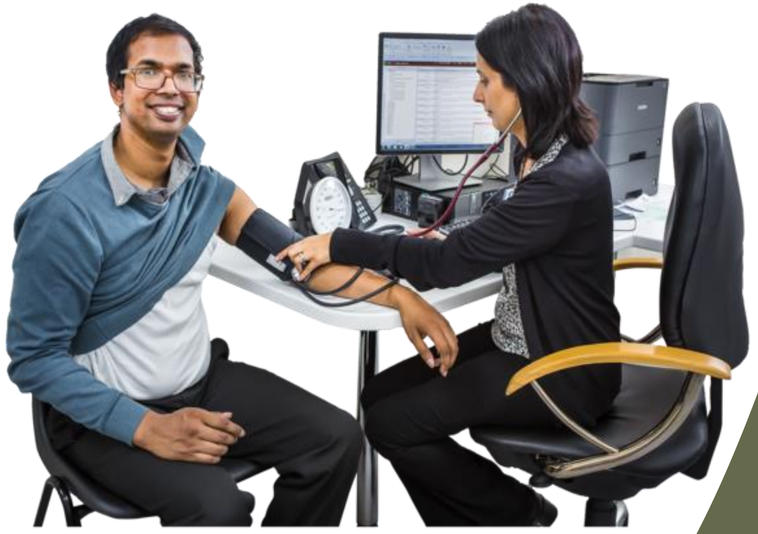
Our Goals

1. To work together as a team

2. To build our confidence

Our Goals

3. To make sure people with intellectual disability have good experiences in healthcare.



What we do

- Vaccines

- Good guidelines

What we do

- Podcasts and webinars

- The National Safety and Quality Health Care Standards

What we do

Training in:

- Leadership

- Public speaking

What we do

- We set goals

Goals

- Better at communicating with my communication app

- Learn about and share healthcare experiences

- Make new friends

Goals

- Understand and learn about myself.
- How to communicate in social situations
- Learn about leadership

Highlights

- Learnt new things
- Can do hard things
- More confidence

Highlights

- Communicating in group settings
- Better at listening and having empathy
- Getting outside comfort zone

Achievements

- Allowed me to try and heal
- Learning something every day
- Learnt to be organised and efficient

Achievements

- Running a workshop at a conference
- Being part of a strong community
- Improving leadership skills

Messages

Messages to health care industry

Messages

Understand me for me. Not my disability. Not my past. Respect me as a human being. I would like you to be considerate of my needs

Messages

When visiting the Doctor he or she must be patient with us as we need **time** to get our device so we can communicate better with them about our needs and wants.

Messages

- Your turn!

- What is your main message to the healthcare system?

Messages

Messages

Sharing your message

Questions

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Inclusion Lead

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